

# POCKET BOOK OF PEA®E

To build on the incredible success of previous Peace Days, Peace One Day is encouraging the individuals and organisations to take specific action to reduce violence around the theme

## Who Will You Make Peace With?

The Pocket Book of Peace outlines ideas you can use to mark Peace Day, as well as resources to help you organise your activity.

### **CONTENTS**

Art /





Faith











Set For Peace



Social Media



Walk For Peace



Workshops





Whether through paint, pastel, sculpture or installation, art has the power to change the world. Express yourself for Peace on the day.



lyer



### FAITH

Commit to a 24-hour spiritual observation for peace, nonviolence and ceasefire or join people around the world in observing one minute of silence for peace at noon.







### Film Screening

Jeremy is a filmmaker and 'The Day After Peace' charts his journey creating Peace Day. Grab the popcorn, tune in to YouTube and screen the film on the day!



# ONE DAY ONE DANCE

Invite someone to dance on Peace Day and use your creativity in dance to promote peace and unity.







Are you an avid blogger, reviewer, creative or digital commentator? Use your platform for Peace Day! Spread the word through the world wide web.





## ONE

Are you ready to play?

Add your Peace Day football match to the thousands played around the world in the name of peace.







## Peace Meal

Break bread, cook a meal and share your dinner table on 21 September. Share your way to a more peaceful world.





DJs, use the power of your decks to unite people on the dance floor this Peace Day.





#### Social Media

Tweet, share or like your way to peace! Use your profile and tell your friends about Peace Day.







# WALK FOR

Take to the streets in the name of peace. Bring together your friends, family and community to unite on Peace Day, 21 September.







Bring people together on the day to share stories and experiences that can make peace possible.















### THANK YOU

for marking Peace Day.

By working together there can, and will be, peace one day.

#### Spread the word!

@JeremyGilley facebook.com/peaceoneday youtube.com/peaceoneday google.com/+peaceoneday 'In Support of POD' Logo



